GRASSROOTS WORKSHOPS

WORKSHOP FACT SHEET



How To Create Healthy Relationships At School With Social Emotional Learning (SEL)

by hema khodai

$49.00

(**$58.80** for 12 months access)

View Workshop

Subjects: General, Wellness

Start Date: Immediate access

Access: 4 months

Timing: Self-paced with no set meeting time

PD Hours: 2 Professional Development Hours

Credits: 1 Graduate Level PD Credit Available

Topics Covered:

- SEL Social Emotional Learning
- Belonging

One tree will be planted per registration (partnership with One Tree Planted).

About This Workshop

If you believe healthy relationships are a powerful way to approach teaching and learning and are caught in a never-ending cycle of work that prioritizes everything but relationships, then this workshop is for you. Let's imagine, design, and implement a plan to co-create and sustain a healthy classroom community that supports the social emotional learning needs of all.

We will start by exploring the field of social emotional learning (SEL) and examining the need for it in the context of our lives. Then, we will reflect on what SEL might look like within our teaching disciplines, the learners we teach, the educators we collaborate with, and within ourselves. We will then craft a plan that is aligned to your program, department, or district, to prioritize social emotional well-being and healthy relationships in the teaching and learning of your discipline. Finally, we will implement the plan, create systems of support, and commit to prioritizing healthy relationships at school.

About the Instructor



hema khodai

hema khodai is a K-12 educator, writer, and professional speaker at international conferences. She is an Equity Resource Teacher with the Peel District School Board (Ontario, Canada) and a Teaching Assistant for the University of Waterloo. She has been a Secondary Mathematics Teacher and Instructional Resource Teacher for Mathematics K-12. She has been published in *Mathematics Teacher: Learning & Teaching PK-12* and is looking forward to presenting at conferences with TODOS, EduColor, and NCTM.